Welcome to all my Friend's

Hello and welcome for coming here to my website here and now. [1)]
Imagine walking into a room filled with joy and warmth - you can almost feel the positivity enveloping you.

Just as a smile can be contagious, so too can kindness, encouragement, and optimism.

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It's getting so easy these days.
Keep calm, be kind and smarter than you were yesterday.
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When we choose to radiate positivity, we create a ripple effect that influences not only our own lives but also the lives of those around us.

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It´s all about small steps that lead to big changes over time. When you
share knowledge, you empower others.
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Hello World!...

Here is my FaceBook book : https://www.facebook.com/sanne.andi.bild

And we all finish one time in somewhere *Golden Beach (Kuldrannake in Estonian)*

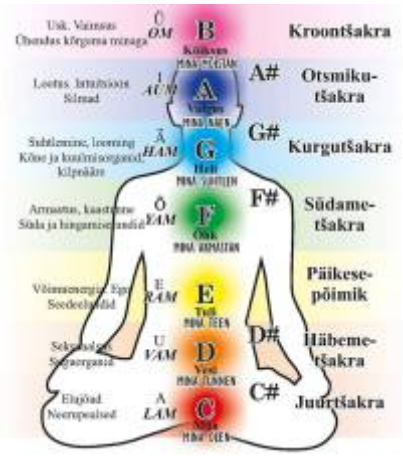
Kuldrannake

In English

- I like to help people (when possible) and I will also help you if you need my help. The latter, of course, not financially, but I have the ability to use my hands and head according to the situation that arises. And if I don't know something at the moment, I always ask what and how to solve the given “problem” or work, because I don't “know everything” either. After all, many heads are many heads, and the problems that arise can be solved faster this way.
- I am or was a (wood) technology engineer by education (previously also a furniture joiner), in the meantime I worked in the IT field as a *support services specialist* / *project manager (ITIL, etc)* / *IT manager* (1999-2003).
- In year 2023 completed the REIKI healer level 1 and 2 courses in Keila Joa parish. Whoever wants, tries.
  Here I combine Reiki *(and possible also different massage)* technologies together, according to my own feeling and intuition. Everything is a perceptual improvisation subject to a particular “body” in time and place.

Reiki

Reiki is a tool of transformation - a path to healing on every level, physical, emotional, mental, and spiritual.



Health Benefits of Reiki:

- Boosted Immune System
- Emotional Healing
- Enhanced Quality of Life
- Improved Sleep
- Pain Relief
- Stress Reduction and RelaxaTION
- Supportive Care for Patients

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"I don't twinkle around with Reiki"
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- Reiki - loe edasi ...

Eesti keeles

Ahjaa, infoks veel niipalju, et tööd teha mul meeldib, siis enamuses kõlbab mulle igasugune töö, mis minul või kellelgi teisel konti ei murra. Raskusi tõsta “tervislikel põhjustel” (no üle 15+kg) ei harrasta, kuid mõistust appi võttes saan “hakkama”.

Mul meeldib inimesi *(võimaluse korral)* aidata ja aitan ka Sind kui sinul minu abi peaks vaja minema. Seda viimast muidugi mitte rahaliselt, vaid mul on oskus kasutada oma käsi ja pead vastavalt tekkivale olukorrale. Ja kui ma ka midagi momendil siis ka ei oska, siis ma alati küsin üle, et mida ja kuidas edasi antud “probleemi” või tööd lahendada, sest ega mina ka ju “kõike asju ei tea”. Mitu pead on ju mitu pead ja ka need tekkivad probleemid saavad niimoodi kiiremini ju lahendatud.

Olen hariduselt (puidu) tehnoloogia insener (eelnevalt ka mööblitisler), vahepeal töötasin IT valdkonnas tugiteenuste spetsialistina/projektijuhina/IT juhina (1999-2003).

2023 aastal läbisin REIKI ravitseja 1 ja 2 taseme kursused.
Energiaravi on terviklik lähenemine heaolule, mis hõlmab energia suunamist tasakaalu taastamiseks ja paranemise soodustamiseks kehas, mõistuses ja vaimus. Keha energiaga töötades on energiaravi eesmärk hõlbustada loomulikke tervenemisprotsesse ja edendada üldist heaolu.

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Kes soovib, see proovib. Sundi ei tohi olla, igal ühel on vaba valik,
oluline siin on see et see vaba valik teistele liiga ei tee. Iga inimene
leiab ikka ainult ise oma tee. Mina olen ravitseja, mina ei ole sõdur.
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Enne kui tuleb see 'sõna' peab olema ju mõte, sest neid “mõttetuid sõnu' pole ju mõtet tuulde pilduda...

Wish

I wish you All a Successful and Peaceful continuation of this day or night.

Because there is only 24 hours and 7 days a week in our home planet, to turn world around herself, so that we don't fly away from our planet, what is flying throuhg the sky.

Please, No GUNS, no WAR, no STUPIDIDY, no ...

And if it were possible in our world, I would also like that the money that circulates in the world does not harm the people of our planet!
As we are the natives of this land..

It is kind a time line of my doings or blog, or whatever …

Art

Art

Chessboard

Our life in this world is like a chessboard. Some are white and then others are “black” and then they all keep fighting with each other.
But if some other color accidentally “gets lost” in there, for example gray or yellow then both of these “extremes” are lost.

I don't know why this is happening?



There is always a need for more healers here to balance the “evil” and “greed” that is rampant everywhere here, or if there were no negative people (or feelings), there would be no need to heal people and everyone would be “until old age” alive and well.

[1)]

And of course I hope here that everyone is my friend and You also whoever You are or not.

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