I am

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I am, you are, we ...
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Well we all are here in *this realm*, arent we?
But my hope here is that we all can survive also, as long the time allows, or *the governments* or *the leaders of the material world* allow ?

But what can we do against them, usually nothing, because they have the “power” in this material world. But we can be happy as well, because there is also the “spiritual world” around us. And they cant escape from there as well.
The *KARMA* takes them and us also, when the *Time is right*. But the time is always right, some *God's* also, I think. But some *God's* may be corrupted with *demonlike spirits* . . .

What to Do? Or To be or not to be - “tobe” in estonian is *fool*.

- As I Am

— 22.12.2023

Remind Yourself

If you know a little of yourself, you will have realised that you are more than meets your eyes in the mirror in the morning. What you see is not what you are. You see the form not the content, the body not the soul, the matter not the mind. In quiet and profound moments, we innately know that is true. But we forget. The world tells us and wants us to believe that we are what we see – and we take the easy way out. We believe. That’s why the awakening of spirit and the flowering of our spirituality (nothing to do with religion) means we have to keep reminding ourselves, a hundred times a day, I am a soul – not a body, I am an eternal spirit – not a perishable piece of meat. I am quality, not quantity. I am. Otherwise, freedom is not possible. And if we are not free, in the deepest space inside our own being, we cannot be truly happy.

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Last update: **16.09.2026 14:33**